



Optimist Pioneer



Mach 3.5 fighter



The Optimist Club of Albuquerque,
New Mexico Bulletin

Chartered March 9, 1940



In Our 84th. Year of Serving the Youth of New Mexico

Volume 84 October 8, 2023 Issue No. 31

2023-2024 Officers

International President:

Tracy Huxley -

International Vice President:

Tony Carpenter -

New Mexico-West Texas

1st. Qtr. District Governor:

Jack Barclay - 575-202-2796

New Mexico-West Texas

District Sec./Treas.:

Greg Siewert - 915-588-6699

Zone 3 Lt. Governor:

Open

Club President:

Pat Trussell - 505-280-1753

Vice President for Admin.:

Steve A. Garcia - 505-836-4035

Vice President for Youth:

Fred Trussell - 505-280-4509

Immediate Past President:

James E. White - 505-238-1436

Club Secretary / Treasurer:

Rita R. White - 505-238-1437

Club President Elect.

Open -

Board of Directors:

2 years:

1. *Catherine Hatcher*

2. *Dolores Morgan*

3. *Open*

1 year:

1. *Lasheka Mason*

2. *Stephanie Smith*

3. *James E. White*

Club Sergeant-at-Arms:

Steve Garcia

Club Door Greeter:

James E. White

Optimist Supply:

<http://www.shumskyideas.com/optimist/>

NMCRS# 219956

FED TAX ID (EIN) #850110839

Message from our Club President

Positive Thought for Today: "Nothing is impossible,
the word itself says I'm possible. - Audrey Hepburn

By striving for the impossible we obtain the best possible.

Pat Trussell - Club President 2023-2024

ZOCO A (The Optimist Club of Albuquerque, New Mexico) Friday Luncheon:

Join us on Friday, Oct. 6th, at 12:00 for our next Club Luncheon. It will be a hybrid Luncheon at the Overture Apartments. Club Business.

Optimist International offers Leadership skills:

Optimist Institute (formerly LMS): Free for all Optimist Members!

The quickly growing content includes the annual Club Officer Courses, and courses in a host of other areas: leadership development, technology (with focus on Microsoft Office products and social media to help your Club and yourself!), optimism, youth and sports, Optimist sponsored programs, personal development skills, and diversity (like working with different generations)

Distinguished Members of The Optimist Club of Albuquerque, New Mexico

1940-1941 Walter Dolde
Charter President

1946-1947 P. J. DeVeau
District Governor

1952-1953 A. F. Reigler
District Governor

1954-1955 Ben Osuna
District Governor

1959-1960 L. M. Gross
District Governor

1961-1962 H. J. Barnett
District Governor

1963-1964 Al Valdez
District Governor

1965-1966 OI Vice President

1966-1967 Ray Eichner
District Governor

1987-1988 Robert Furry
District Governor

1988-1989 Arlin Pennington
District Governor

1991-1992 Fred Leach
District Governor

2007-2008 Venus Sanford
District Governor

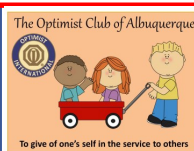
2016-2017 OI Vice President

2021-2022 & 3rd. Qtr. 23-24
Fred Trussell
District Governor



Join us on
facebook

<https://www.facebook.com/OptimistClubofABQ/>



<https://optimistclubofalbuquerque.org>

This is the Club's Website.

If you get the bulletin by email hold ctrl key down and click on line above.

ZOCO A NM Events Calendar:

Club Luncheon, Fri. Oct. 13, Hybrid - 12:00 - Birthdays & Anniv.

Club Luncheon, Fri. Oct. 20, Hybrid - 12:00 - Police Officers

Ronald McDonald, Yale House Bingo, Fri., Oct. 20 - 5:50 - 8:15

Club Board Meeting, Tues. Oct. 24, Via Zoom - 7:00

Club Luncheon, Fri. Oct. 27, Hybrid - 12:00 - Club Business

Scare-A-Ton, Tues. Oct. 31, Sheraton Uptown - 5:00 to 8:00

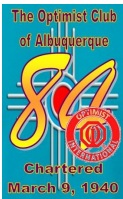
NM-WT District #19
2023-2024



Together we can



Club Contact information:
James White - 505.238.1436
jimnewmex101@gmail.com



Friend of Youth

The Optimist Club of Albuquerque, New Mexico

★★ZOCOA Luncheon: (Oct. 13th)★★

Oct. 13th. will be our next Club Luncheon. It will be a hybrid lunch. So join us for fun it will be Birthday and Anniv. **cupcakes.**

How food service for Luncheons works:

You will be able to select from the provided menu, bring your own food or not eat during the meeting. All orders and confirmation that you will be at the meeting must be received by Friday 9:00 am.

We will send out a menu for each weeks meeting no later than Tuesday. Use this menu to confirm that you will be at the meeting and what you would like to eat. We will pick up the food items and have them ready for you when you arrive on Friday.

The price of the meals is \$15. If you bring your own or do not eat we will charge you \$3 for incidentals and to help cover meals for speakers and Police Officers.

Food Orders will be placed Friday morning If you order a meal and do not inform us by Friday 9:00 am of a change then you will be charged for the meal because we have to pay for it.

It's a live meeting!

It will be simulcast via Zoom for those unable to attend live

ZOCOA NM Club Luncheon: (Oct. 6th)

Pat called the meeting to order and welcome everyone. Fred gave the invocation and Dolores led the pledge. Pat gave her thought for the day. Pat was going to introduce guest at this point but Lynne hadn't logged on yet.

Sgt.-At-Arms Steve was not there to check to see if those present had their pins on or needed to pay other fines.

Pat reminded everyone that making donations to the Foundation can be done weekly. That includes donations to Childhood Health & Wellness or the Cancer Campaign.

At this point Fred played a motivational video about Steve Jobs.

Pat then spoke about the importance of the OI Foundation and about many of the program it supports.

Pat then reminded us that it was Mental Illness Awareness week and Down Syndrome Awareness Month.

Pat then spoke about the many ways we help the Ronald McDonald Houses and reminded everyone about Box Tops for Education. Jim mentioned that he had gotten several emails from HopeWorks. They are in desperate need of people or groups to furnish meals or act as servers.

Pat reminded everyone of the Scholarship programs and this years themes for each

Pat said she and Fred would be delivering paper towel to the Janet Kahn library next week. Rita mentioned that we also have Lysol disinfectant, Ziplock bags and several other items to deliver.

Fred talked about some other program we sponsor like Optimist Golf, Youth Safety and Respect for Law.

Fred also reminded every one that we need you to tell everyone about our Terri Lynn fund raiser. We need more participation.

Pat reminded everyone that the 13th will be Birthdays Anniversaries and Cupcakes. The meeting on the 20th would be Respect For Law followed by Bingo at the Yale House at 5:30.

Oct. 28th will be a get together with the District Governors and the 31st will be the Scare-A-Ton.

We had some jokes and funnies and closed with the Creed.

Bingo Nights at Ronald McDonald Houses:



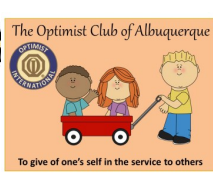
Our next Bingo Night will be **Oct. 20th** at the **Yale** Ronald McDonald House at 1011 Yale Blvd. NE. Parking is on the west side of the building. We will start set up at 5:30.

We need prizes for boys and girls age 1 to 14. We need baby items and items for parents. We need father items. Toiletry kits are nice.

THE OPTIMIST CLUB OF ALBUQUERQUE 85TH AWARDS & INSTALLATION BANQUET



Check out our Facebook page click on the line below <https://www.facebook.com/OptimistClubofABQ/>



The Optimist Creed

Promise Yourself -

- To be so strong that nothing can disturb your peace of mind.
- To talk health, happiness and prosperity to every person you meet.
- To make all your friends feel that there is something in them.
- To look at the sunny side of everything and make your optimism come true.
- To think only of the best, to work only for the best, and to expect only the best.
- To be just as enthusiastic about the success of others as you are about your own.
- To forget the mistakes of the past and press on to the greater achievements of the future.
- To wear a cheerful countenance at all times and give every living creature you meet a smile.
- To give so much time to the improvement of yourself that you have no time to criticize others.
- To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.



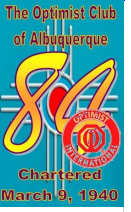
Attendance at the Oct. 6 Lunch:

We missed 12 members this week.

We currently have **17** members. In attendance: **(6)**, 5 members, 7 excused (70.5%) 1 guest. Attending the meeting were: Dolores M. Fred T., Pat T., Jim W., and Rita W. Excused: David C., Kay F., Catherine H., La Sheka M., Starr P., Ron R., and Stephanie S. Guest: Dist. S/T Lynne Martin.

Club Bulletin:

Let me know of upcoming events and speakers. If you have information to put in the bulletin call Jim White 238-1436 or email me at jimnewmex101@gmail.com



Upcoming Club Events: (Club Meetings at Overture 55+)

- Oct. 13, Club Luncheon, **via Hybrid** - 12:00 - Birthdays & Anniv.
- Oct. 20, Fri. Club Luncheon, **via Hybrid** - 12:00 - Police Officers
- Oct. 20, Ronald McDonald Bingo, **Yale House** - 5:30-8:15
- Oct. 24, Club Board Meeting, **via Zoom** - 12:00
- Oct. 27, Fri. Club Luncheon, **via Hybrid** - 12:00 - Club Business
- Oct. 31, Tues, **Scare-A-Ton**, Sheraton Uptown - 5 to 8
- Nov. 3, Club Luncheon, **via Hybrid** - 12:00 - Open

★★Website Ads: ★★TIME TO PAY FOR YOUR ADS

Bulletin sponsors and others can now purchase ads on the Club Website. Ads will be \$60 a year or \$15 per Quarter. We are still looking for Bulletin Ads. \$15 per year. Contact Rita at 505-238-1437. Help your Club pay Bulletin & website costs.

Optimist Dues:

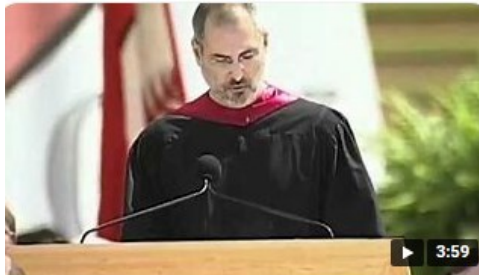
The Club has sending out dues statements for the 2023-2024 Optimist Year. We need to get your payment as soon as possible. You can add in your Dime-A-Day for this next Optimist year.

Items for Ronald McDonald Houses:

I took a few minutes to talk with the evening staff member at the Highland House. She said they just cannot keep chips and individual cereal bowls on the shelves. The two case of chips lasted less than 2 weeks and the small case of cereal only a couple of days.

THREE STORIES FROM MY LIFE: STEVE JOBS

During our Club Luncheon on Oct. 6th. Fred showed a video of Steve Jobs, one of the founders of Apple, talking about the three most important moments in his life. It was very informative.



Ronald McDonald House Bingo Prizes:

We have a great time at Bingo. **We need items for prizes.** Items like toys and games for children 1 to 14 and items for babies, stuffed toys, clothing and other items. Diapers and baby wipes.

Our box of Bingo prizes is getting very low. Can you help?

Next Bingo Night is: **Oct. 20th. at the Yale House.** We also need volunteers for the Bingo Nights from 5:30 – 8:30.



★★★ School Supplies: ★★★

Fred and Pat will be takin 4 rolls of paper towels to the Janet Kahn Library. We are looking for backpacks and several other items for our school supply closet. Help where you can.



Speakers:

We need Speaker for the 2nd and 4th meeting of each month. If you know of someone or have a topic you are interested in contact **Dolores Morgan at 505.857.9111 or vivian515@comcast.net.**

District & International Events:

- 1st. Trimester - Dist. Conf., Nov. 11 & 12, 2023 in Los Cruces
- 2nd Trimester - Dist. Conf., Apr. 13 & 14, 2024 in Roswell
- 106th Optimist International Convention Jun. 23–26, 2024, Niagara Falls, Ontario, Canada (you will need a passport)**
- 3rd. Trimester - Dist. Conf. & Conv., Aug. 10 & 11, 2024 in Belen

Childhood Health & Wellness:

Another area under Health & Wellness is Chronic Diseases which includes Cancer, Diabetes, HIV, Multiple Sclerosis, Muscular Dystrophy, Sickle Cell Anemia and many others. A Club can do projects and fund raisers for any of these, or donate to H&W.



Terri Lynn Nut Sales:

<https://theoptimistclubofabq.terri Lynn.com/>

If you log on to this website and purchase a few items you will be helping our Club raise money for our many Club activities. Tell all your family and friends about this website. *Be a friend of Youth.* Our Club is working to help in providing hope and positive vision, Optimists bring out the best in youth, our communities and ourselves.



RONALD MCDONALD HOUSE * PULL TABS:



We are still in need of aluminum Pull Tabs for the Ronald McDonald Houses. With two houses a lot more tabs are needed to help pay bills and collects are still down due to Covid and other changes effecting our world.



Childhood Cancer Campaign:

When was the last time you put a couple of dollars in the Club's Childhood Cancer jar? The number of children being diagnosed with cancer everyday has not gone down. However those being cured has gone up thangs to research dollars.



The Club's OI Foundation Club Piggy:

Go to oifoundation.org We have started a new Optimist Year. We need to think about making donations to the O.I. Foundation. Put a dollar or two in the Piggy or the Health & Wellness jars each meeting. Go to the OIF website and look at other ways to donate.



2023-2024 Club Dime-A-Day Members:
(3 of 17 = 17.6%)



Catherine H. ♥, Dolores M. ♥, James W. ♥,
Time to get your donations in



Club Luncheon Dates:

The Optimist Club of Albuquerque, NM meets weekly at the Overture 55+ Apartment Complex. That means we will have regular Club Hybrid (Live & Zoom) Luncheons on the 1st, 2nd, 3rd and 4th Fridays of every month.

We have Police Officers at the 3rd lunch. A speaker at the 1st. and possible the 2nd. We have a Board Meeting the 4th Tuesday evening and an open lunch the 4th Friday. If there is a 5th Friday in the month then we will call it **La Copita Club** and it will be optional and just a social gathering not an official lunch.

The Optimist Club of Albuquerque, New Mexico

GARCIA'S
Kitchen
Catering
505-242-1199

Anyone can donate to Dime-A-Day or the Foundation

AA
EVENTS and TENTS
505-401-3222

Patricia Trussell
Independent Consultant
Rank: Consultant
ptrussell.thrive.life@gmail.com
www.ptrussell.thrive.life.com
Phone: (505) 280-1753
We help people around the world create thriving lives.

Catherine Hatcher
Sheraton
ALBUQUERQUE UPTOWN
2600 Louisiana Blvd. NE

OVERTURE
ALBUQUERQUE
6441 Palomas Ave. NE
(505) 288-3192

Bulletin ads are \$15 a year
Website ads are \$60 per year or \$15 per quarter.
Call Rita at 505-238-1437

New Mexico Shriners
Walter Dolde
Charter President
The Optimist Club
Of Albuquerque,
New Mexico
March 1940

Optimist Youth Camp
Evening Optimist Club

Camp Shaver
The Experience of a Lifetime

ALBUQUERQUE
POLICE
SUPPORT THEM

American Limousine
info@americanlimosabq.com
505-877-7576

Our community benefits from every donation you make to the O.I. Foundation.

Jason's deli

KDSK 92.7FM 1240AM
NEW MEXICO'S
92.9FM OLDIES
SOUND SOUVENIRS

Lucky Boyz
LIMOUSINES
505-836-4035

Turquoise Roadrunner Catering
Robert & Trish Templeton
505.217.6444 or 505.400.4977
turquoiseroadrunnercatering@gmail.com

Terri Lynn
EST. 1936
<https://theoptimistclubofabq.terri Lynn.com/>

RONALD McDONALD
HOUSE CHARITIES
NEW MEXICO

Have Santa Zoom your Family
go to www.americassanta.com

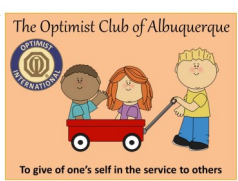
CHILDREN'S
HOSPITAL

Purposes of Optimist International

To develop optimism as a philosophy of life utilizing the tenets of the Optimist Creed; To promote an active interest in good government and civic affairs; To inspire respect for the law; To promote patriotism and work for international accord and friendship among all people; To aid and encourage the development of youth, in the belief that the giving of one's self in the service to others will advance the well-being of humankind, community life and the world.

Learn more about
The Optimist Club of Albuquerque, New Mexico
at
<https://www.facebook.com/OptimistClubofABQ/>
OR
<https://optimistclubofalbuquerque.org>

La Copita Club
For Lovers of Good Books, Fine Spirits and Good Conversation
E. E. Curley Roose - Established March 9, 1940
Luncheon on the 5th Fridays during the year at the Sheraton Uptown at noon



Friend of Youth

Postage Stamp

The Optimist Club of Albuquerque, New Mexico
Meeting every Fridays at 12:00
c/o Fred G. Trussell or Patricia Trussell
Overture 55+ Apartment Complex
6441 Palomas Ave. NE, Apt. 304
Albuquerque, New Mexico 87109

